



Fort Garry/St. Norbert Coalition

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27 Parc la Salle Family Centre 9:15-11am	28 Let's Explore Outside Program 9:30-11am	29 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	30 National Day for Truth and Reconciliation No Programs	1

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4 Parc la Salle Family Centre 9:15-11am	5 Let's Explore Outside Program 9:30-11am	6 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	7	8
9	10	11 Parc la Salle Family Centre 9:15-11am	12 Let's Explore Outside Program 9:30-11am	13 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	14 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	15
16 A walk in the Park 3:00-400	17	18 Parc la Salle Family Centre 9:15-11am	19 Let's Explore Outside Program 9:30-11am	20 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	21 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	22
23	24	25 Parc la Salle Family Centre 9:15-11am	26 Let's Explore Outside Program 9:30-11am	27 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	28 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	29
30	31					

Locations

Let's Explore Outside Program Alex Bridge Park, 685 Dalhousie Drive	Parc la Salle Family Centre Parc la Salle School 190 Houde Dr	Richmond Jumping Gym Time Richmond King Community Centre 666 Silverstone Ave.	Waverley Heights Family Centre Waverley Height Community Centre 1885 Chancellor Drive	Wiggle, Giggle & Munch RHG Bonnycastle School 1100 Chancellor Drive
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Fort Garry/St. Norbert Healthy Child Coalition

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fgsn.ca



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Fort Garry/St. Norbert Coalition

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Parc la Salle Family Centre 9:15-11am	2 Let's Explore Outside Program 9:30-11am	3 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	4 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	5
6	7 Zoom Mondays 10a.m. & 6:30p.m.	8 Parc la Salle Family Centre 9:15-11am	9 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	10 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	11 Remembrance Day Programs Closed	12
13	14 Zoom Mondays 10a.m. & 6:30p.m.	15 Parc la Salle Family Centre 9:15-11am	16 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	17 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	18 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	19
20	21 Zoom Mondays 10a.m. & 6:30p.m.	22 Parc la Salle Family Centre 9:15-11am	23 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	24 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	25 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	26
27	28 Zoom Mondays 10a.m. & 6:30p.m.	29 Parc la Salle Family Centre 9:15-11am	30 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	2 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	3
4	5 Zoom Mondays 10a.m. & 6:30p.m.	6 Parc la Salle Family Centre 9:15-11am	7 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	8 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	9 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	10
11	12 Zoom Mondays 10a.m. & 6:30p.m.	13 Parc la Salle Family Centre 9:15-11am	14 Let's Explore Outside Program 9:30-11am Wiggle, Giggle & Munch 6:00-7:30pm	15 Parc la Salle Family Centre 9:15-11am Waverley Heights Family Centre 9:15-11am	16 Richmond Jumping Gym Time 9:30-11:15am & 1:00-2:45pm	15